



## **GENDER 101**

Developing innovative tools about Gender Diversity  
for Parents and Adult Educators

# Newsletter

ISSUE 3, 03/2024

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### *Partners*

Willingness Team, Malta

Minties Bitės, Lithuania

Wyższa Szkoła Biznesu i Nauk o Zdrowiu,  
Poland

Future In Perspective Ltd, Ireland

Janus Ltd, Italy

Step by Step, Croatia

## **GENDER 101 programme for trainers**

Amongst the results of the Gender 101 project there is the creation of a space for Training in Gender diversity.

This training includes:

- a reflection on our own biases on gender diversity and how to become aware of these biases;
- a comprehensive session on understanding the definition of gender;
- information on educating and informing parents about the importance of parental support during the child's coming out process, through all of its stages;
- understanding the importance of the language for expressing our thoughts, therefore for mitigating any gender-based conflict;
- real life situations of gender-diverse people, providing information about differences between stereotype, stigma and discrimination noticing harmful consequences of all these kinds of prejudice.

[www.gender101.eu/en/training-in-gender-diversity/](http://www.gender101.eu/en/training-in-gender-diversity/)



# Feedback on the GENDER1 101 learning from trainers and parents

The different activities carried on with 18 trainers and 360 parents in the project countries gave to the project team the opportunity to collect comprehensive feedbacks on the project training.

This brought inspiring inputs leading to reviews and enhancement of the effectiveness of the GENDER 101 training.

[www.gender101.eu/en/feedback-on-the-gender-101-learning-from-trainers-and-parents/](http://www.gender101.eu/en/feedback-on-the-gender-101-learning-from-trainers-and-parents/)

## Some trainers' and educators' suggestions:

*"Disseminate these contents to the school and university world."*

*"We should deepen the legislature in the educational sphere to then be more incisive."*

*"Gender 101 project could be a valuable dissemination tool to be used within the school context."*

*"... certainly useful for a better understanding of gender diversity, a topic that is still underdeveloped in many areas. Its aspects and approaches are emphasised and relevant focus is provided."*

## Some parents' comments:

*"I learnt new methods to approach children with gender diversity."*

*"All topics were well-explained."*

*"The training was excellent."*

*"I received useful information on the topic of gender diversity in young people."*

*"Through this training I was given clarity about gender diversity in children and adolescents... and how to deal with serious situations such as bullying."*

*"I learnt a very interesting aspect of a little-studied subject."*

*"The training was very useful for me to better understand certain aspects and to know how to better approach the school context."*



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[www.gender101.eu](http://www.gender101.eu)

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## Online Interim Meeting and Transnational Project Meeting in Ireland

The project partners are closely cooperating to the project implementation.

Key monitoring and jointly evaluation opportunities have been the online meeting organized by the coordinator Willingness on 22nd November 2023 and the transnational project meeting organized in person in Ireland by the partner Future in Perspective on 14th and 15th February 2024.

During these meetings the project team could efficiently discuss the achieved results and share the timely progression of the next steps of GENDER 101.

[www.gender101.eu/en/online-interim-meeting-and-transnational-project-meeting-in-ireland/](http://www.gender101.eu/en/online-interim-meeting-and-transnational-project-meeting-in-ireland/)



## In the next issue

- The GENDER 101 digital tools
- GENDER 101 learning for parents in all project countries
- Feedback from the experts in all project countries on the GENDER 101 learning
- The programme of events in Malta, Lithuania, Poland, Ireland, Italy and Croatia

# TRAINERS GUIDEBOOK

## Using the Guide for Trainers

Recognizing gender identities beyond the traditional male-female binary is becoming increasingly important today.

To promote inclusivity and fairness, it is essential to value and understand gender diversity. For trainers who want to address gender identity, expression, and related challenges effectively, the "Guidebook for Trainers: Introduction to Gender Diversity" is an excellent resource.

This guide comprehensively covers gender diversity, starting with basic concepts and moving into identity, coming out, and supporting individuals and families. It emphasizes the importance of trainers in promoting understanding, empathy, and open communication. The introduction breaks down gender diversity, dispels myths, and addresses stereotypes, emphasizing a holistic approach to gender education.

[www.gender101.eu/en/using-the-guide-for-trainers/](http://www.gender101.eu/en/using-the-guide-for-trainers/)

## More information:

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